QUICK-LOOK BOOK
SEL/ARTS Integration Vocabulary and Activity

Symbol Legend

- Teacher
- Standing student
- Sitting student
- Sending energy, a word, or a clap
- Student movement
- Tableau
- Pantomime
Theatre Vocabulary

**Actor’s Neutral**
Good balance; good posture; no tension; focus

**Actor’s Toolbox**
Voice, body and imagination

**Ensemble**
Creating and working as a group

**Focus**
Includes eye contact and still feet

**Improvisation**
Coming up with words/movement “on the spot”; spontaneity

**Pantomime**
Physically expressing something with body and NO voice

**Tableau**
A frozen picture; statue

**Vesture**
Vocabulary + gesture, can involve voice as well

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**ACTOR’S NEUTRAL**

*Goal to practice being ready to give and take, being present with yourself as well as others*

- **C** – Level 0 (silent)
- **H** – None
- **A** – Actor’s Neutral
- **M** – None
- **P** – Individual
- **Success!**

- Head straight forward
- No tension in neck
- Eyes focused
- Mouth closed
- Breath easy and without tension
- Hands relaxed
- Palm down by the sides
- No tension in knees
- Feet Planted
- Legs shoulder width apart
### Bippity Bippity Bop

| C | Level 0 - when not your turn  
|   | Level 2 - when it is your turn  
| H | None  
| A | Listen & respond correctly with voice and body  
| M | Actor’s Neutral until your turn  
| P | Individual Responses, focused on center  

**Theatre Objectives:**
- Focus
- Eye Contact
- Engagement
- Ensemble

**CASEL5 Competency Objectives:**
- Self-Awareness
- Self-Management
- Relationship Skills

**Teacher note:** Add content vocabulary and adjust as needed for your students and their learning objectives

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**Directions:**

1. Students stand in a circle and the teacher stands in the middle
2. The teacher has three choices of dialogue (see below)
3. He/she picks one line to say, randomly chooses one student and points at that student
   - **Bippity Bibbity Bop** - the student must say “Bop!” before the teacher finishes saying the phrase
   - **Hippity Hippity Hop** - the student must jump and clap once before the teacher finishes saying the phrase
   - **Bop** - the student must stand in actor’s neutral and send focused eyes to the teacher
4. Teacher can add content-related vocabulary and vestures to arts integrate